Biking can be a wonderful way to explore the nation's capital and the vibrant neighborhoods that surround it. With a temperate climate, relatively flat topography, and many miles of trails to explore you won't be at a loss for cycling opportunities. Below we've listed some links to biking resources. We hope you will take advantage of the bike community here in Washington.

### http://www.nps.gov/mall/planyourvisit/national-mall-bike-tour-topics.htm

This link provides information on fun, free bike tours of the nation's capital led by a knowledgeable Park Service ranger. Run over the weekends, tours range from the traditional "History of the Mall" to the quirky "Unexplored Tales of the City" and "Off the Beaten Path: Lonely and Overlooked Landmarks".

# http://www.bikewashington.org/

This site provides details about all the great recreational bicycle facilities around the Baltimore/Washington metropolitan area. Listed here are many area recreation trails and bicycle routes.

### http://www.bikethesites.com/

For visitors, a bike rental and tour service that covers the more traditional famous government sites and historical monument routes.

# http://www.2pedal.com/USA/DC/

A site containing bike routes and information for D.C. and the surrounding areas. Look for off road trails, maps, and other resources.

### http://www.waba.org/

The Washington Area Bicycle Association is an amazing resource to both local bike enthusiasts and visitors looking for one-stop information. The site has downloadable bike maps, sponsored rides and tours, as well as information as diverse topics as gear swaps to honing your bike advocacy.

#### http://capitolhillbikes.com/

A local bike shop and resource center, the community business also sponsors groups ride each weekend for free- just show up! Check out their website for details on the weekly rides.